



DIVIDEND STOCKS ROCK
INVEST WITH CONVICTION, ENJOY YOUR RETIREMENT

2026

**PORTFOLIO
RESET
WORKSHOP**



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PORTFOLIO RESET WORKSHOP

Welcome to this exclusive DSR Portfolio Reset Workshop! In the following pages, you will diagnose your portfolio weaknesses, design your strategy, and deploy your capital in 90 days. We have divided this workshop into three sections:

Diagnose: First, you will define your goals and philosophy. Are you investing for income, total return, or a mix? What's your desired asset, sector, and stock allocations? This will be your structure; the clearer it is, the less confusion and hesitation you'll feel. Then, you will take a cold look at your portfolio and describe it:

- Global view
- Assets allocation (CAD vs USD)
- Sectors allocation
- Stocks allocation
- Strengths & weaknesses
- Performances

Design: Now that you know what your portfolio is made of, it is time to ask yourself some questions. How do you feel about your investments? Are you comfortable with your allocations and stocks? Is everything aligned with your goals and philosophy? To increase your level of confidence, you will set:

- Buy rules
- Sell rules
- Build a mock portfolio in DSR

Deploy: Here comes the action! You know your goals and your strategy, your strengths and weaknesses. Now is the time to fix what does not fit. In the next 90 days, you will:

- Fix weaknesses
- Identify big moves
- Set dates
- Invest your money!
- Tweak and monitor

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QUICK NOTES FROM THE LIVE WORKSHOP

Write below any notes you may have after attending the live Portfolio Reset Workshop or watching the replay.

DIAGNOSE – INVESTMENT GOALS AND PHILOSOPHY

Define your goals and philosophy.

- Investment goal (income, total return, or a mix):

- Desired asset allocation (equities, fixed-income, cash):

- Desired CDN / US allocation: _____

- Desired sector allocation (number, sectors you like, those you don't want to invest in, etc.):

- Desired number of holdings: _____

- Other: _____

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DIAGNOSE – DESCRIPTION

At first glance, your portfolio global view shows:

- Portfolio value: _____
- Annual dividend payments: _____
- Number of holdings: _____
- Portfolio’s dividend yield: _____
- Average dividend growth rate: _____

Asset Allocation

What is your balance between Canadian, American, or international holdings?

CAD	_____	%
USD	_____	%
Other	_____	%

Now, define what you are invested in.

Equities	_____	%
ETFs	_____	%
Mutual Funds	_____	%
Bonds	_____	%
Cash	_____	%
Other	_____	%

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Sector Allocation

Let's see which sectors you are exposed to.

Communication Services	%
Consumer Discretionary	%
Consumer Staples	%
Energy	%
Financials	%
Health Care	%
Industrials	%
Information Technology	%
Materials	%
Real Estate	%
Utilities	%

What is your biggest sector: _____

Which one(s) are you less exposed to: _____

Stock Allocation

Write down your top 10 holdings below:

Symbol	Name	Weight
		%
		%
		%
		%
		%
		%
		%
		%
		%
		%

Your top 10 holdings represent _____ % of your portfolio.

Are your top 10 holdings well-rated (according to DSR system OR your own)? Yes No

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Now, write down your top 5 smallest positions:

Symbol	Name	Weight
		%
		%
		%
		%
		%

Your 5 smallest holdings represent _____ % of your portfolio.

Are your smallest holdings well-rated (according to DSR system OR your own)? Yes No

DIAGNOSE – STRENGTHS & WEAKNESSES

Following the same analysis model (asset allocation, sector allocation, and stock selection), highlight your portfolio’s strengths and weaknesses.

Asset Allocation

Is your asset allocation aligned with your strategy and goals? How do you feel about your balance between income and growth? Between CAD and US?

Strengths

Weaknesses

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Sector Allocation

Is your portfolio diversified across multiple sectors? Do you see any overexposure? Are you well diversified within industries? Is your sector allocation aligned with your goals?

Strengths

Weaknesses

Stock Allocation

Are you satisfied with the number of holdings you have? Do they each represent a full position? Are there any holdings that are overweighted? Are you comfortable with their ratings? Do they all show a good dividend triangle?

Strengths

Weaknesses

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Portfolio Performances

What is your goal in terms of performance and how long do you expect to be invested?

- Time in the market:

- What is your benchmark?

- What is your goal?

DIAGNOSE – RETIREMENT: INCOME GAP

If you are retired or about to retire, your portfolio is a tool for generating income. To avoid bad surprises, you need to know how.

- How much income do you need per year?

- What is your current portfolio income:

- What is your income gap?

Do you have a cash wedge?

Yes? How many years of the income gap does it cover?

No? How would you like to generate the income gap?

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DESIGN – QUESTIONS!

Before making any design moves, let's recap your portfolio diagnosis.

Asset Allocation

How do you feel about your asset allocation?

Sector Allocation

Are you comfortable with your sector allocation?

Stock Allocation

Are you comfortable with your top 10 holdings vs. your bottom ones? How do you feel about their ratings?

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DESIGN – BUY RULES

Determine the key factors that each company must have to be part of your portfolio.

Write down your investment thesis for each of your investments. This will also become your reason to sell.

Give a role to each of your holdings (core holding, educated guess, or speculative play).

Resources

[DSR Academy Buy Process](#)

[4-Step to Set Your Investment Rules cheat sheet](#)

DESIGN – SELL RULES

Determine the key factors that will trigger a sell sign.

Resources

[DSR Academy Sell Process](#)

[4 Golden Rules of Selling cheat sheet](#)

DESIGN – MOCK PORTFOLIO

Using your [DSR PRO portfolio dashboard](#), create a mock portfolio to test out your changes and improvements.

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DEPLOY – BIG MOVES

You have diagnosed your portfolio, designed its future, and identified weaknesses. You also tested out what it could look like with a mock portfolio.

Now is the time to act and fix what does not fit with your goals and strategy.

Identify 3 big moves

Write below the three big moves you'd like to apply in the next 30 days.

1. _____

2. _____

3. _____

Set dates

Determine the date by which you want these three big moves to be completed.

1. _____
2. _____
3. _____

Month #2

During the next 30 days, you will invest your money. Below, identify how you will do so (amount, holdings, etc.):

Month #3

Use your [DSR PRO Dashboard](#) to monitor and tweak your portfolio.

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FINAL THOUGHTS

Thank you for participating in this workshop!

While it's impossible to be "right" 100% of the time, this portfolio workshop is a great tool to help you feel confident 100% of the time.

With a clear strategy comes confidence, and hesitations disappear. You will be less distracted by the market noise.

In doubt, go back to your workshop document, revise your investment theses and follow your plan!

Here's to investing with conviction!

Mike.